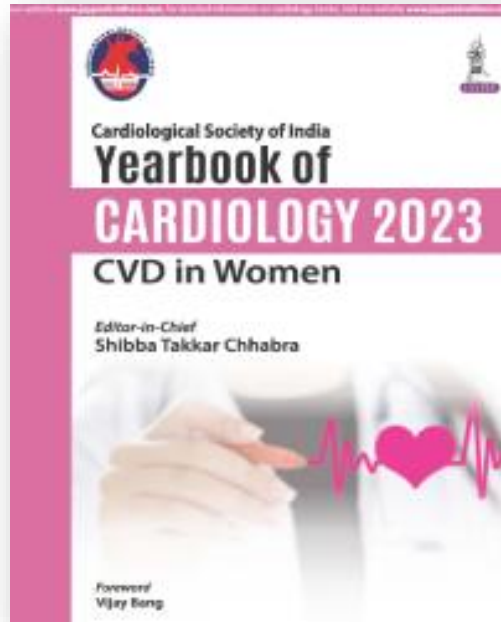




LATEST BOOKS
PUBLISHED IN CSI AND
RSSDI CONFERENCE
2023-24

Latest Publications

CSI Yearbook of Cardiology 2023: CVD in Women



ISBN 9789356966857
Edition 1/e
Publish Year 2024
Pages 258
Size 6.75" x 9.5"
cover Type Paper Back
Format Single Color
MRP 2495/-

Author:

Editors: Shibba Takkar Chhabra MD DM FACC FCSI

Quick Overview

The Cardiology Society of India (CSI) in the Platinum Jubilee year has initiated the CSI Pink Council to work in this direction of increasing the awareness and improving diagnosis, management, and access to cardiovascular care for women in our country. The Yearbook of CVD in Women is an effort in this direction with an amalgam of latest articles published in leading journals in the years 2022–2023. The cardiologists across the country have amalgamated, analyzed, and simplified the delivery of the latest key messages pertaining to CVD in women. This shall update the physicians with the latest in the field and uplift the approach and management of CVD in women.

Key Features

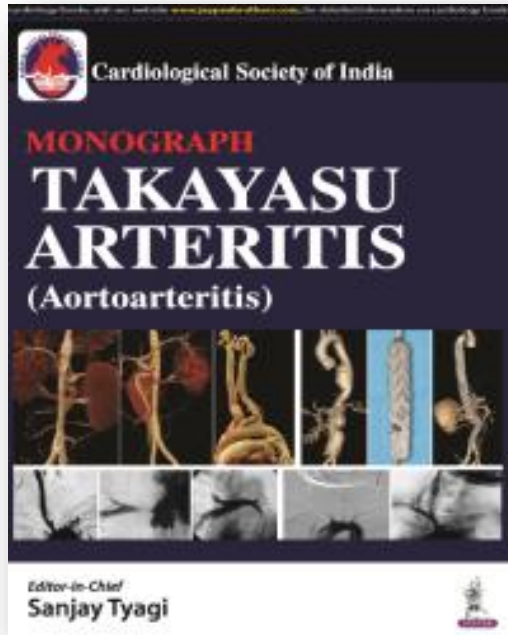
- Incorporation of latest data relevant to women cardiovascular disease (CVD) encompassing the spectrum of leading cardiology journals (years 2022-2023) across the globe.
- Delivery of key messages pertaining to CVD in women amalgamated and simplified by the cardiologists across the country.
- Highlights CVD in women across all the reproductive phases inclusive of pregnancy and pre-, peri-and postmenopausal periods.
- Highlights and segregates variant risk factor profiles, both women specific and women predominant, into several subsections in the book.
- A must read for every physician and cardiologist to update, increase awareness, aid prompt diagnosis, management, and deliver the access to cardiac care for every needy woman.

Target Audience

The book is aimed at physicians, cardiologists, and gynecologists dealing with women cardiac care.

Available

CSI Monograph Takayasu Arteritis (Aortoarteritis)



ISBN 9789356965669

Edition 1/e

Publish Year 2024

Pages 222

Size 6.75" x 9.5"

cover Type Hard Back

Format Four Color

MRP 2995/-

Available

Editors: Sanjay Tyagi MD (Medicine) DM (Cardiology) FAMS FICP FCSI FICA FRCP (Edinburgh) FSCAI FESC FACC (USA)

**Co-Editors: Debabrata Roy MD DM (Cardiology) FACC FESC FSCAI FAHA
George Joseph MD DM FCSI**

Quick Overview

Efforts have been made to make Takayasu arteritis monograph truly comprehensive, covering every possible aspect of the disease in separate chapters. Authors of different chapters are eminent experts and have in-depth knowledge of the subject of Takayasu disease (aortoarteritis). Their work in this area has been published in reputed international journals that have a high impact factor, thus creating a huge reservoir of knowledge which needs to be shared and preserved.

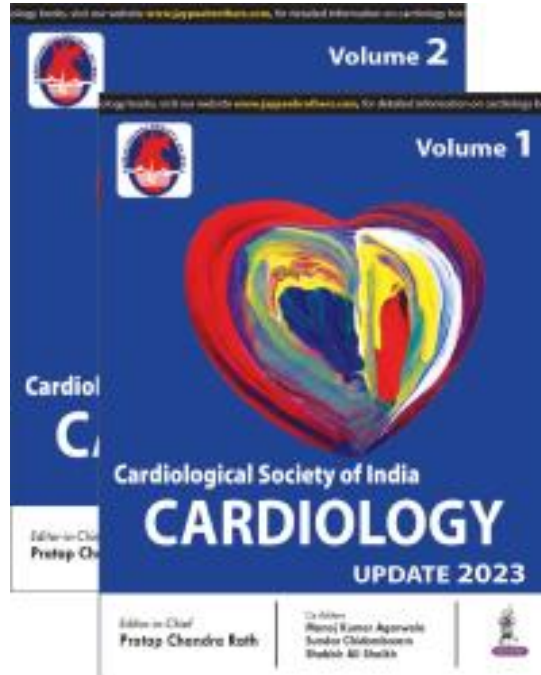
Key Features

- This monograph has in-depth discussion on vasculitis in India, large-vessel vasculitis, state-of-the-art reviews on pathology, pathogenesis, advanced diagnostic modalities, clinical features, imaging advances in medical management, endovascular nonsurgical interventions, surgical management, and natural history of Takayasu arteritis.
- It is truly comprehensive, covering every possible aspect of disease in separate chapters along with high-quality illustrations. Authors of different chapters are eminent experts with in-depth knowledge of the subject of Takayasu disease (aortoarteritis). Their original research work in this area has been published in reputed international journals having a high impact factor.
- Invaluable experience of authors makes this monograph truly indispensable.
- Useful book for suspecting the disease early, carrying out appropriate investigations, making a diagnosis, providing the evidence-based best form of treatment, and conducting future research in this disease.

Target Audience

The book is aimed at physicians, cardiologists, and gynecologists dealing with women cardiac care.

CSI Cardiology Update 2023



ISBN 9789356964372

Edition 1/e

Publish Year 2024

Pages 1848

Size 8.25" x 10.5"

cover Type Hard Back

Format Four Color

MRP 7995/-

Author:

Pratap Chandra Rath MD DM FICC FESC FACC FRCP (London) FRCP (Edinburgh)

Co-Editors: Manoj Kumar Agarwala MD (PGI) DM (PGI) FACC

Sundar Chidambaram MD DNB DM FNB

Shabbir Ali Shaik MD DM FNB

Quick Overview

In recent years, the field of cardiology has witnessed remarkable advancements that have revolutionized the management of cardiovascular diseases. The development of wearable devices, smartphone applications, and telemedicine platforms has made remote monitoring and management of cardiovascular conditions a reality. Minimally invasive procedures such as transcatheter aortic valve replacement (TAVR), transcatheter mitral valve replacement (TMVR), MitraClip, and imaging-guided coronary intervention have revolutionized the treatment outcomes. This book aims to provide a comprehensive overview of these recent advances in cardiology. Our esteemed contributors, who are renowned experts in their respective areas, have meticulously examined the latest evidence and shared their invaluable insights in the book. It is our sincere hope that this book will benefit all of us.

Booked by Other Pharma

CSI Cardiology Update 2023

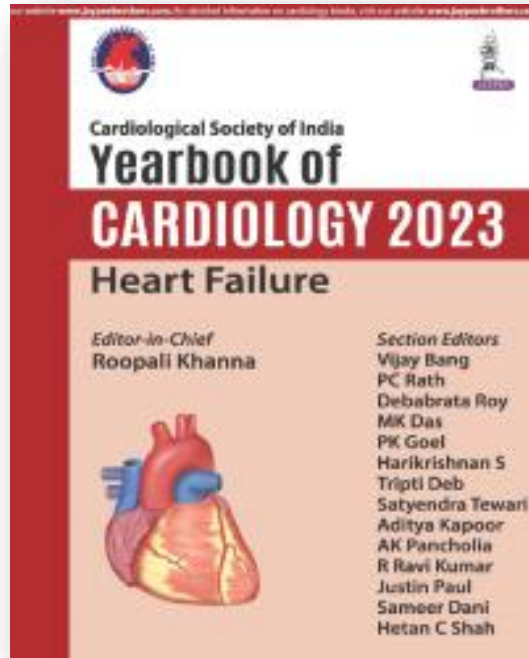
Key Features

- The book is divided into sections that deal with specific themes involving various topics.
- The chapters in this book are written by pioneers in the field who have dedicated their careers to advancing the practice of cardiology.
- Each chapter provides a concise yet comprehensive overview of a specific aspect of interventional cardiology, supported by evidence-based research and clinical experience.
- This edition will provide guidance and education to cardiologists of various disciplines and primarily students.

Target Audience

This book serves as a valuable resource for both aspiring and experienced interventional cardiologists, clinical cardiologists, and other healthcare professionals.

CSI Yearbook of Cardiology 2023: Heart Failure



ISBN 9789356966130
Edition 1/e
Publish Year 2024
Pages 204
Size 6.75" x 9.5"
cover Type Paper Back
Format Single Color
MRP 2495/-

Author:

Editors: Roopali Khanna MD DM

Quick Overview

This "CSI Yearbook of Cardiology 2023: Heart Failure" is a collection of articles that delve into the latest discoveries and developments, aiming to provide readers with a comprehensive overview of heart failure research and care.

Key Features

The research articles on heart failure published in 2022-2023 are included.

There are 12 Sections, each with approximately six articles from high-impact factor journals.

Diverse range of topics explored by experts in the field, from cutting-edge diagnostic techniques and novel therapeutic interventions to the growing significance of digital technology in managing heart failure are included.

Abstract provides the original data, and its interpretation is given by the experts in the commentaries.

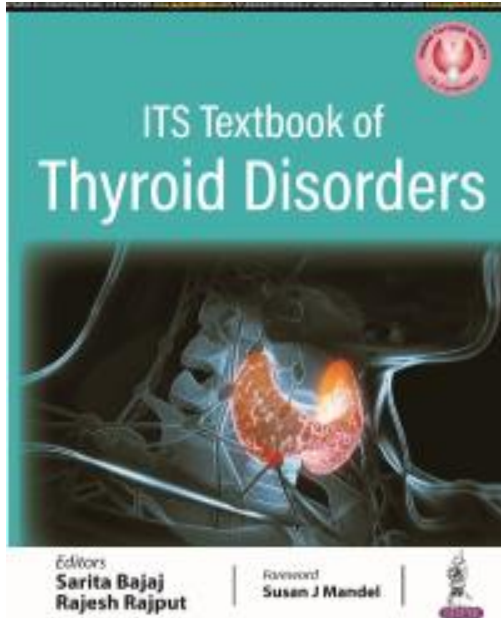
Commentary discusses the article and relevant issues, emphasizing the current evidence-based thinking on the subject.

Target Audience

These articles serve as a valuable resource for cardiology fellows and practicing physicians seeking to enhance their understanding of heart failure and its management.

Booked by Other Pharma

ITS Textbook of Thyroid Disorders



ISBN 9789356961142
Edition 1/e
Publish Year 2023
Pages 346
Size 8.5" x 11"
cover Type Paper Back
Format Four Color
MRP 2195/-

Editors: Sarita Bajaj MD (Medicine) DM (Endocrinology) FRCP (London, Glasgow and Edinburgh)
Rajesh Rajput MD (Medicine) DM (Endocrinology) FRCP (Edinburgh) FACE FICP FIACM FISH FIMSA FRSSDI

Quick Overview

The book is divided into nine sections arranging closely related subjects into clusters. There are a total of 38 chapters. Section 1 commences with introduction to thyroid disorders, Section 2 discusses the diagnostic approaches, Section 3 highlights all aspects of hypothyroidism, Section 4 encompasses disorders of thyroid hormone excess, Section 5 elaborates the entire spectrum of goiter, thyroid nodules and thyroid cancer, Section 6 focuses on thyroid disorders in women, Section 7 is exclusively devoted to thyroid disorders in children while Sections 8 and 9 address thyroid disorders in special situations and miscellaneous thyroid topics.

Available

ITS Textbook of Thyroid Disorders

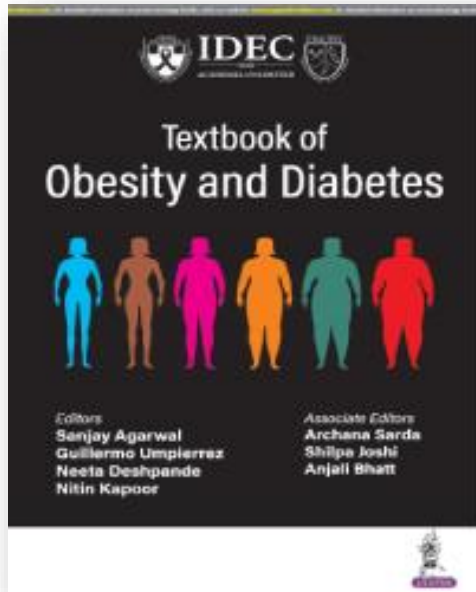
Key Features

- Enhances understanding of thyroid disorders by addressing the challenges in diagnosis and management.
- Carefully selected and current topics with an easily readable clinically applicable text devoted to thyroid disorders.
- Covers management of thyroid disorders in special populations—neonates, children, adolescents, women, and elderly.
- Written by well-recognized experts with experience in managing patients with thyroid disease.

Target Audience

- Serves as a quick reference for both learning and delivering evidence-based medical practice in thyroid health to endocrinologists, endocrine surgeons, internists, practicing physicians, and postgraduates.

IDEC Textbook of Obesity and Diabetes



ISBN 9789356963368
Edition 1/e
Publish Year 2024
Pages 294
Size 6.25" x 9.5"
cover Type Paper Back
Format Two Color
MRP 2495/-

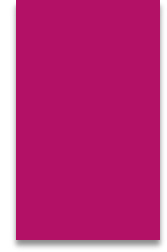
Editors: Sanjay Agarwal MD FACE FACP FRSSDI
Guillermo Umpierrez MD CDCES FACE MACP
Neeta Deshpande MD (Medicine) FRCP (Edinburgh) PG Endo (London) ASBP Cert Obesity (USA)
Nitin Kapoor MD (Medicine) DM (Endocrinology) ABBM (USA) Post Doc Fellowship (Endocrinology) PhD (University of Melbourne)

Quick Overview

This book comprises several sections covering the epidemiology, pathophysiology, and clinical management of obesity. These have been written by experts in the field in a very simple yet clinically relevant manner. A special highlight on the genetics of human obesity has been mentioned, which is very relevant in countries which have a higher prevalence of consanguineous marriages. The evaluation and assessment tools that have been highlighted are clinically relevant and validated in previously large studies. A special section has also been dedicated to the prevention of obesity.

Available

IDEC Textbook of Obesity and Diabetes



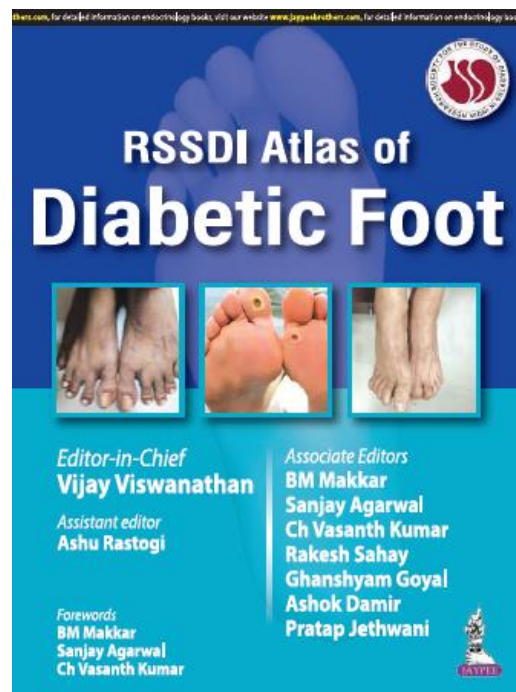
Key Features

- Focuses on the link between diabetes and obesity, two pressing health problems in the developed world.
- Covers changing epidemiology of obesity and type 2 diabetes and the causes of metabolic syndrome
- Provides a state-of-the-art overview of drug and non-drug therapies for obesity and diabetes.
- Includes the latest treatment options, such as lifestyle changes, pharmacological interventions, surgical procedures, endoscopic intervention, and cell therapy.
- Addresses major comorbidities such as cardiovascular diseases, renal and neuropsychiatric disorders, metabolic-associated fatty liver disease, and osteoarthritis
- Special focus on care for special populations: Pediatric, pregnant women, elderly and geriatric patients, and sarcopenic population
- Leaves no stone unturned in gathering the latest practical information and future directions and research providing insights into potential advancements and breakthroughs, appealing to seasoned specialists, students, and healthcare professionals in training.

Target Audience

Physicians and Diabetologists

RSSDI Atlas of Diabetic Foot



ISBN 9789356962040
Edition 2/e
Publish Year 2024
Pages 406
Size 6.75" x 9.5"
cover Type Paper Back

Available

Author:

Editors: Vijay Viswanathan MD PhD FRCP

Quick Overview

This book provides us with exhaustive and extensive information about the various aspects of diabetic foot. We have fourteen unique and distinct chapters with a special emphasis on Diabetic Foot Infections in India enlightening us about the epidemiology, risk factors, pathogenesis, and preventive strategies to identify high-risk patients and also prevent dreadful complications like amputations. Special attention has been given to a wonderful and distinct initiative—"Save the Feet and Keep Walking Campaign," which was launched by the RSSDI to train healthcare professionals and create more awareness among the people to prevent and manage diabetic foot infections in India. A separate chapter emphasizes the significance of a Three-minute Foot Examination, which is simple, less time-consuming yet effective in the identification of high-risk patients to prioritize them and treat them accordingly. We have some lucid and concise chapters enlightening us about the ominous association between Peripheral Artery Disease and Diabetic Foot Infections and the role of orthotics, wound dressings, and imaging in the integrated management of foot infections. We have incorporated some of our invaluable experiences on the basic concept of angiosomes and surgical approach of foot infections which are both considered indispensable for every diabetic foot care specialist.

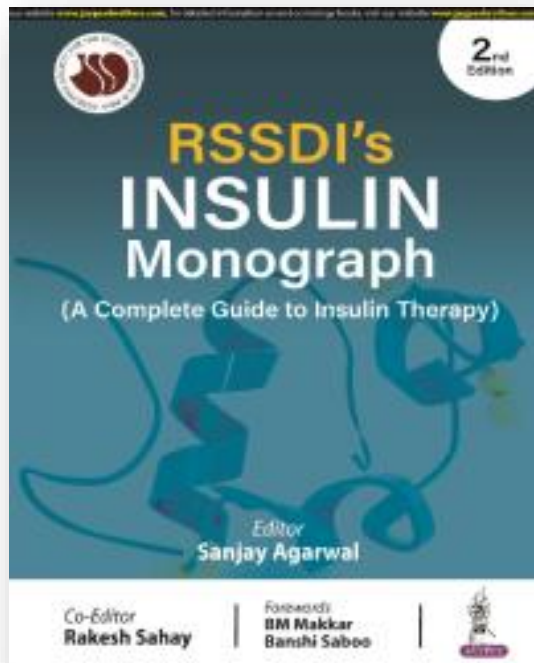
RSSDI Atlas of Diabetic Foot

The uniqueness of this book lies in our best efforts to include high-resolution clinical photographs of the common diabetic foot problems encountered with a short narrative that can help the readers to learn, understand, and enhance their existing knowledge about diabetic foot.

Key Features

- Covers the various aspects regarding the management of diabetic foot.
- High-resolution colored photographs are included to justify the title.
- Contributed by many physicians who are stalwarts in their field.
- These photographs have been contributed as a part of Save the Feet and Keep Walking Campaign 2022.
- Includes concise and lucid text for better understanding of each photograph.
- Serves as a ready reckoner in most clinical situations.

RSSDI's Insulin Monograph (A Complete Guide to Insulin Therapy)



ISBN 9789356962040
Edition 2/e
Publish Year 2024
Pages 406
Size 6.75" x 9.5"
cover Type Paper Back

Author:

Editors: Sanjay Agarwal MD FACE FACP FRSSDI
Co-Editor: Rakesh Sahay MD DM FACE FAMS FICP FSLCE

Quick Overview

This textbook is meticulously crafted to serve as your trusted companion in navigating the complex world of insulin. Through its pages, we aim to provide you with a deep understanding of insulin's mechanisms of action, clinical applications, and emerging trends in diabetes care.

Key Features

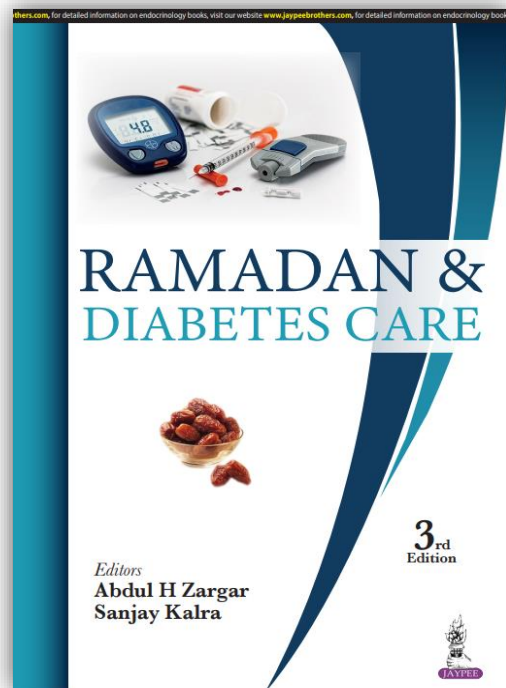
- The book RSSDI's Insulin Monograph: A Complete Guide to Insulin Therapy is a treatise on the best-use practices for insulin in Diabetes.
- Total 50 short, concise chapters that clearly explain how to utilize insulin in all diabetic subpopulations.
- Every chapter has been updated to reflect fresh information.
- Includes information on all topics, such as different types of insulin, delivery times, administration methods, side effects, and how to control them.
- Written by experts in the field with decades of cumulative experience.

Booked by Other Pharma



Other Latest Publication in Cardio and Diabetes

Ramadan & Diabetes Care 3rd edition



ISBN 9789354659720
Edition 3/e
Publish Year 2023
Pages 254
Size 6.25" x 9.5" Inches

Author:

Editors: Abdul H Zargar MD DM (Endocrinology)
Sanjay Kalra MD DM

Quick Overview

Keeping the Ramadan fast is an essential part of Islamic faith. Most people living with diabetes can observe the Ramadan fast in a safe and fulfilling manner, provided the appropriate knowledge (ilm) is shared with them. This includes education about risk stratification, pre-Ramadan preparation, lifestyle and drug modification, as well as monitoring of health.

Key Features

- The third edition offers in-depth explanations of how fasting affects diabetics physiology and the complexities of managing diabetes during Ramadan.
- Contains the most recent clinical knowledge and recommendations for diabetics fasting throughout Ramadan.
- Additional chapters on using technology for safe fasting and diabetic-friendly Ramadan recipes.
- Includes diabetes treatment for specific population such as children, adolescents, women, and the elderly during Ramadan.
- Diabetes management in the presence of comorbid conditions during the holy month of Ramadan is also elaborated upon.
- Written by professionals from around the world with experience in handling person living with diabetes during the holy month of Ramadan.

Table of Content:



Chapter No.	Chapter Title	Authors
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1	Overview	Sanjay Kalra
2	Introduction	Mahdi Kamoun, Mouna Feki Mnif, Ines Slim
3	Pre-Ramadan Counseling	Hamid Ashraf, Altamash Shaikh
4	Endocrinology of Fasting	Ines Slim, Mahdi Kamoun, Mouna Feki Mnif
5	Risk Stratification of People with Diabetes	Altamash MY Shaikh
6	Beneficial Effects of Ramadan Fasting on Health	Mahdi Kamoun, Mouna Feki Mnif, Ines Slim
Section 2: Nonpharmacological Management		
7	Glycemic Monitoring During Ramadan	Mohan T Shenoy, Kaushik Biswas, Vineetha K Ramdas Nayak
8	Diabetes friendly recipes for Ramadan	Shilpa Joshi
9	Nutrition Recommendations for Persons with Diabetes during Ramadan	Sarita Bajaj
10	Physical Activity in Ramadan	Altamash MY Shaikh
11	Stress Management and Diabetes in Ramadan	Altamash MY Shaikh

Section 3: Pharmacological Management		
12	Traditional Oral Antidiabetic Drugs in Ramadan	Shariq R Masoodi
13	Newer Drugs for Type 2 Diabetes Mellitus and Ramadan	Bilal Ahmed, Muhammad H Farooqi
14	Incretin-based Therapies and Fasting during Ramadan	Rakesh K Sahay, Sumayya A Kalam
15	Type 1 Diabetes Mellitus and Fasting During Ramadan	Rakesh K Sahay, V Sri Nagesh
16	Insulin in Type 2 Diabetes Mellitus	Shehla Shaikh, Altamash Shaikh, Manoj Chadha
Section 4: Special Situations in Ramadan		
17	Ramadan Fasting in Children and Adolescents	Anish Ahamed K M
18	Using technology for safe fasting	Shehla Shaikh
19	Ramadan Fasting in Women	Sarita Bajaj
20	Ramadan Fasting in Elderly	Jamal Ahmad
Section 5: Management of Complications		
21	Hypoglycemic Emergencies in Ramadan	Shehla Shaikh, Rizwan Naseer, Kevin J Furlong, Intekhab Ahmed
22	Hyperglycemic Emergencies in Ramadan	Shehla Shaikh, Rizwan Naseer, Kevin J Furlong, Intekhab Ahmed
23	Dyselectrolytemia in Ramadan	Bashir A Laway, Mohammad S Baba
24	Management of Diabetic Patients with Comorbid Conditions During Ramadan	Hamid Ashraf, Mahdi Kamoun, Ines Slim, Mouna Feki Mnif

Diabetes Mellitus Types, Diagnosis and Therapy : OAD and Insulin Protocols



Author:

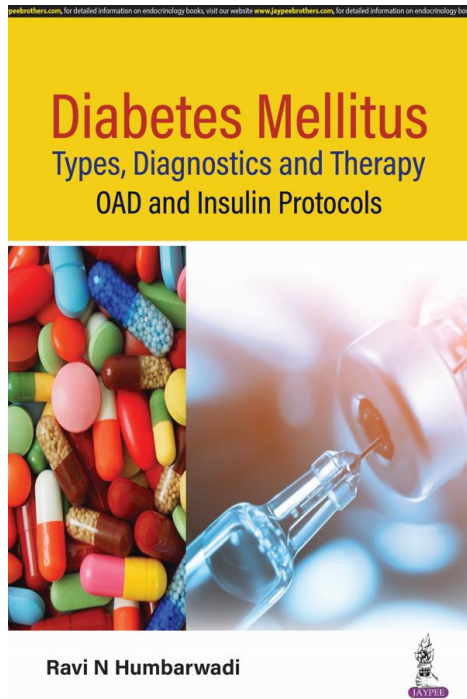
Ravi N Humbarwadi

Quick Overview

This book is for students, trainees as well as the astute clinicians. For doctors studying undergraduate and postgraduate medicine and diabetology, this book provides an update on diagnosis and treatment that is inline with the latest developments in the field of diabetology. For the budding pharmacists, it is a must have since this book familiarizes them with the variety of oral antidiabetic drugs (OADs) and insulins.

Key Features:

- This is an essential handbook for students and reference book for clinicians.
- Consider a patient who comes to the clinic. Right from presentation, diagnostic confirmation, initial therapy, choice of combination with oral antidiabetic drug, and finally insulin protocols—all these are described in a concise yet comprehensive manner.
- A step-wise approach takes the medic from diagnosis to therapy.
- Includes 5 Case Studies.
- Based on international standard of care and encompasses the latest guidelines.
- Oral antidiabetic drug and insulin are dealt with in detail and hence this book straddles both medical and pharma domains.



ISBN 9789356961838

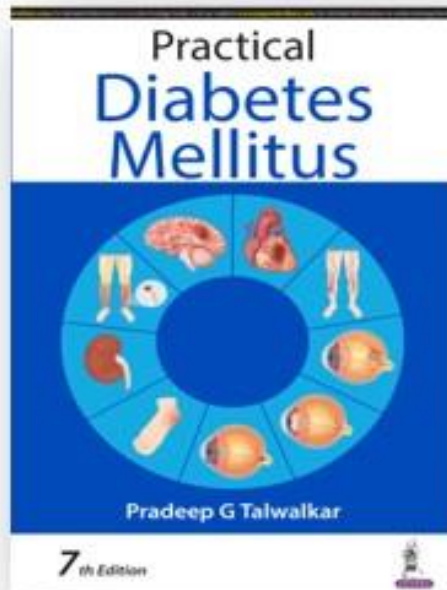
Edition 1/e

Publish Year 2023

Pages 104

Size 6.25" x 9.5"

Practical Diabetes Mellitus



ISBN 9789356961197
Edition 7/e
Publish Year 2023
Pages 376
Size 5.5" x 8.5"

Editor:

Dr. Pradeep G Talwalkar

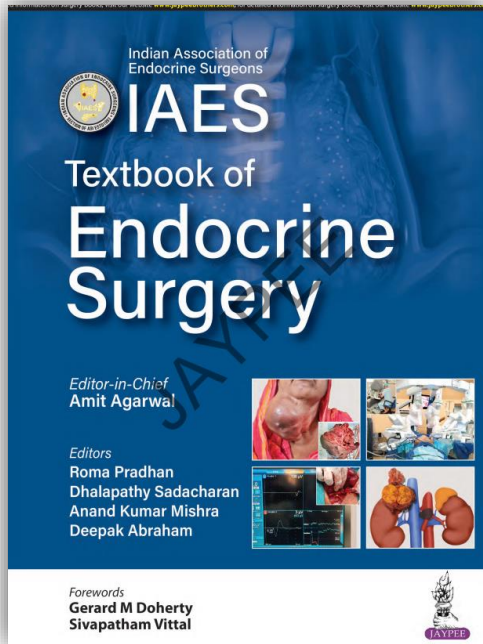
Quick Overview

The seventh edition contains additional chapters such as “COVID-19 and Diabetes” and “Travel and Diabetes” and a comprehensive information on nonalcoholic fatty liver disease (NAFLD) in chapter on Chronic Complications of Diabetes. In addition, many chapters, particularly those on antidiabetic medications have been thoroughly updated and new color photographs have been added. It is hoped that the book will meet the expectations of the readers.

Key Features

- Contains simple and lucid language
- Updated edition with newly added and revised chapters
- Includes pre-digested scientist information and well-designed flow charts for management decisions
- Illustrates with many coloured photographs, tables, charts and figures
- It is essential tool for every family physician and general duty medical office

IAES Textbook of Endocrine Surgery



ISBN 9789390595051

Edition 1/e

Publish Year 2023

Pages 536

Size 8.5" x 11"

Editor:

Editor-in-Chief: Amit Agarwal MS FRCS (Eng) FICS FAMS FCSSL (Sri Lanka)

Editors: Roma Pradhan MS MCh (Endocrine Surgery)

Dhalapathy Sadacharan MCh

Anand Kumar Mishra MS PDCC MCh FACS FICS

Deepak Abraham MS PhD

Quick Overview

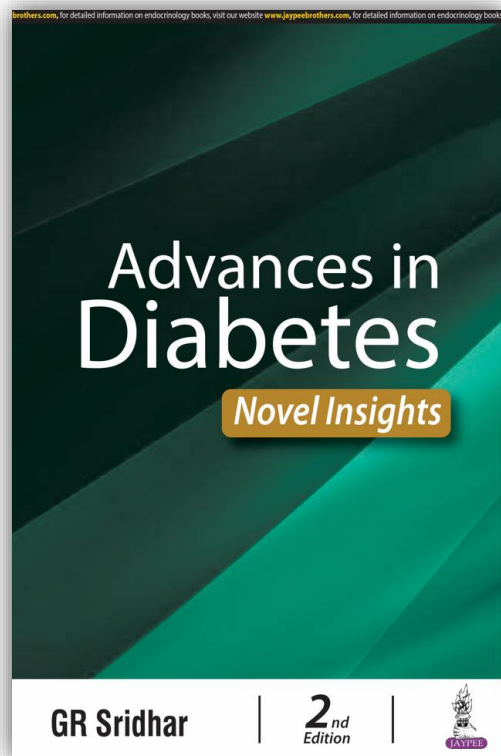
The IAES Textbook of Endocrine Surgery will serve as a handbook for ready referral for practicing endocrine surgeons both in India and overseas. The topics covered and the style of presentation with emphasis on clinical pearls as a take home message in each chapter will help in simplifying complex problems in the clinic as well as improve patient-related outcomes.

Key Features

- Comprehensive book with 45 chapters written by International and National experts of Endocrine Surgery
- Includes the chapters on Applied Endocrine Physiology and Anatomy
- Provides the chapters on important allied subjects such as Endocrine Pathology, Radiology, Radiotherapy, and Nuclear Medicine
- Comprises the detailed chapter on Modern Technology for Endocrine Surgery
- Well-illustrated chapters with photographs, radiographic images, flowcharts, and diagrams
- Each chapter ends with clinical pearls to guide the clinicians and allied specialists
- An ideal reference book for surgical postgraduates, MCh students of endocrine surgery, head and neck surgery and surgical oncology.

Advances in Diabetes : Novel Insights

Editor – Dr. G R Sridhar



ISBN TBA
Edition 2/e
Publish Year 2022
Pages 200-250
Size 6.25" x 9.5"
Cover Type Paper Back

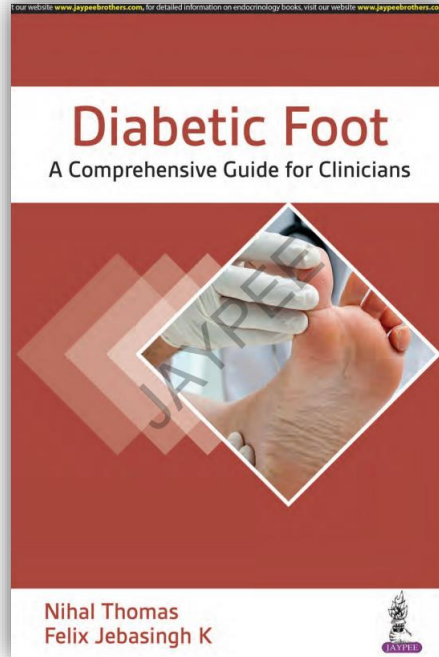
Key Features:

- The second edition of this book explores new advances in diabetes
- This book starts with classification of diabetes followed by gender differences, application of artificial intelligence and telemedicine in diabetes etc
- Separate chapters on peripheral vascular disease and coronary artery disease are described in detail
- Chapters covering newer vistas in screening for diabetic retinopathy and new drugs on the block i.e. SGLT2 inhibitors, beyond glycemia gives distinct feature to the book
- Written by experts with immense knowledge, skill and clinical experience
- It is an ideal tool for diabetologists and post graduate students.

TOC

- 1 Towards an etiological classification of diabetes
- 2 Genomics and diabetes: progress and roadblocks
- 3 Gender differences in diabetes
- 4 Adipose tissue: white, brown and beige
- 5 Peripheral vascular disease in diabetes
- 6 Coronary artery disease in diabetes
- 7 Vascular involvement of the skin in diabetes
- 8 Polycystic ovary syndrome, metabolic syndrome and diabetes
- 9 Future metabolic and vascular complications of pre-eclampsia in pregnancy
- 10 Cognitive behaviour therapy in diabetes
- 11 Application of artificial intelligence in diabetes
- 12 Telemedicine in diabetes
- 13 Continuous blood glucose measurement technologies
- 14 Newer vistas in screening for diabetic retinopathy
- 15 New drugs on the block: SGLT2 inhibitors, beyond glycemia
- 16 Targeting innervation of adipocytes
- 17 Exercise mimetic compounds: exercise without the exercise
- 18 Molecular bridge: Butyrylcholinesterase, metabolic syndrome and Alzheimer's disease

Diabetic Foot: A Comprehensive Guide for Clinicians



ISBN 9789354655456

Edition 1/e

Publish Year 2023

Pages 210

Size 6.25" x 9.5"

Editors: **Felix Jebasingh K** MBBS MD DM (Endo) DNB (Endo) MNAMS PGDMLE (Med Law)

Nihal Thomas MBBS MD MNAMS DNB (Endo) FRACP (Endo) FRCP (Edin) FRCP (Glasg) FRCP (Lond) FACP PhD (Copenhagen)

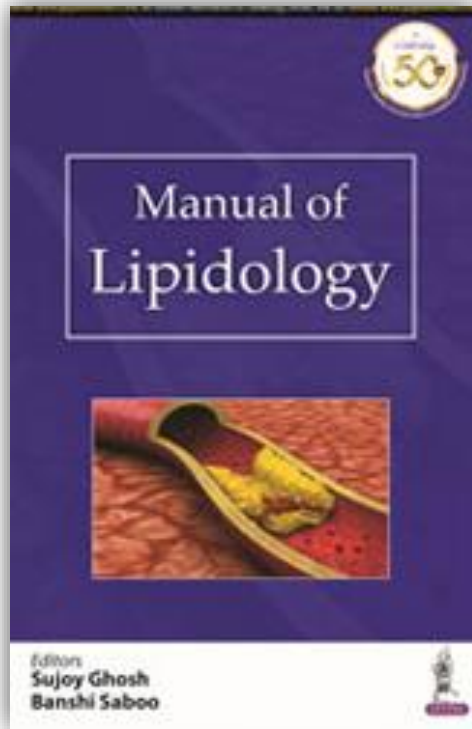
Quick Overview

This book aims to provide a comprehensive overview of the foot in diabetes and its management from a team of experts. It is recommended to anybody with an interest in the diagnosis, management, surgical treatment, and indeed prevention of diabetic foot ulcers. It is presented in logical order from anatomy and biomechanics of the foot followed by chapters on causal pathways, neuropathy, peripheral arterial disease, and then infections of the diabetic foot. Finally, there are chapters on routine podiatric care and other therapies including surgery. The book ends with a chapter on 'Recent Advances in Diabetic Foot Management'.

Key Features

- A practical guide to clinicians for the management of diabetes related complications of the foot.
- Provides details of anatomy, pathophysiology, surgery, and rehabilitation.
- Algorithms and diagrams provide clear insight into potential treatment strategies.
- Upcoming techniques and novel health technology have been covered.

Manual of Lipidology



ISBN 9789352700295
Edition 1/e
Publish Year 2021
Pages 326
Size 6.25" x 9.5"

Editors:

Sujoy Ghosh DM FRCP (London, Glasgow, Edinburgh) FACE FICP
Banshi Saboo MD PhD MNAMS (Diabetes) FRCP (UK) FACE

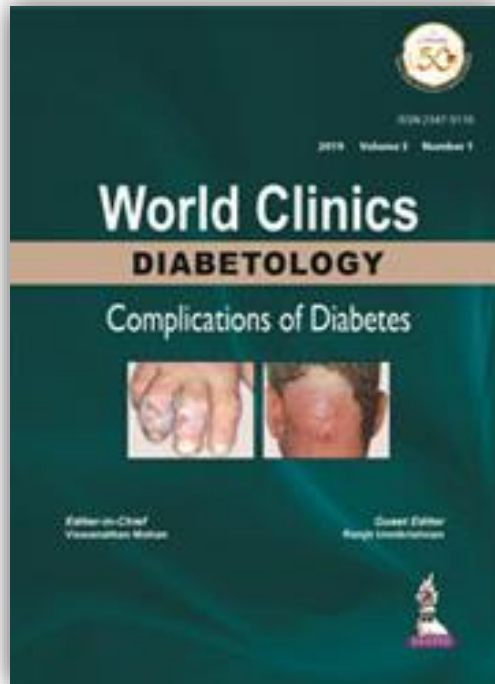
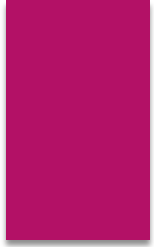
Quick Overview

This book is published with the objective of providing both basic concepts and clinical approaches to understanding and managing lipid related disorders that is associated with an increased CV risk. To reach this aim, the focus is on up-to-date information on different aspects of lipidology. This has been possible through the contributions of endocrinologists and cardiologists who are expert in their respective fields.

Key Features

- This medical reference book offers unparalleled coverage and expert guidance on lipidology in a straightforward, lucid, and user-friendly format.
- Divided into 30 chapters covering the complex subject of Lipidology from basic science to pathogenesis of disease, risk assessment and the latest therapy options.
- Up-to-date chapters on International Lipid Guidelines, diet, exercise, pharmacologic therapies such as statins, role of non-statin therapies, combination therapy, and evolving targets of therapy such as PCSK9 inhibition.
- Management of Dyslipidemia in special populations such as children and adolescents, women and the elderly, HIV patients, patients with diabetes, thyroid, and pregnancy have been discussed in detail.
- Written by experts with vast knowledge and clinical experience.

World Clinics Diabetology: Complications of Diabetes



ISBN 9789389129038
Edition Vol. 3, No. 1
Publish Year 2021
Pages 204
Size 7" x 9.5"

Editors:

Viswanathan Mohan MD FRCP Ph.D. D.Sc. FNASc FASc FNA FACP FACE FTWAS

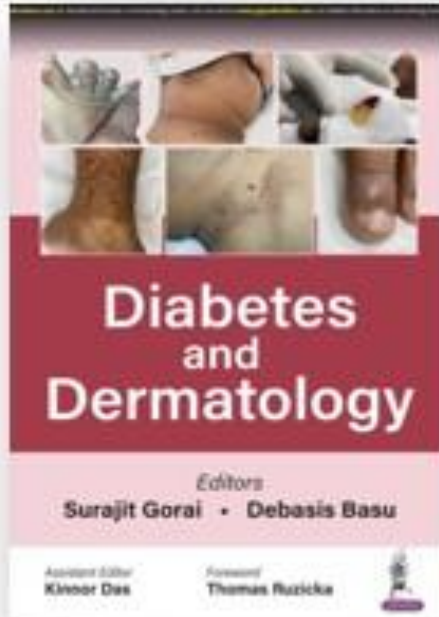
Quick Overview

This book is the latest volume in the World Clinics Diabetology series, focusing on complications associated with diabetes. Divided into 13 sections, the first chapters discuss complications in different organs and body systems, including the musculoskeletal system, liver, skin, lungs, ear, nose and throat, and more. The following sections cover stroke and diabetes, screening for diabetic retinopathy, errors in insulin treatment, routine investigations for complications, and diabetic kidney injury. The comprehensive text is enhanced by more than 160 images and illustrations, and each article is followed by a comment from the editors highlighting the key points of the topic.

Key Features

- Latest volume in World Clinics Diabetology series
- Covers complications associated with diabetes in various organs and body systems
- Each article concludes with a comment from the editors highlighting key points
- Highly illustrated with clinical photographs and figures

Diabetes and Dermatology



ISBN 9789356961777
Edition 1/e
Publish Year 2023
Pages 190
Size 6.25" x 9.5"

Editor:

Surajit Gorai MD (Gold Medal) DNB MNAMS (Dermatology, Venereology and Leprology)

Debasis Basu MD (Medicine)

Assistant Editor: **Kinnor Das** MD (Dermatology, Venereology and Leprology)

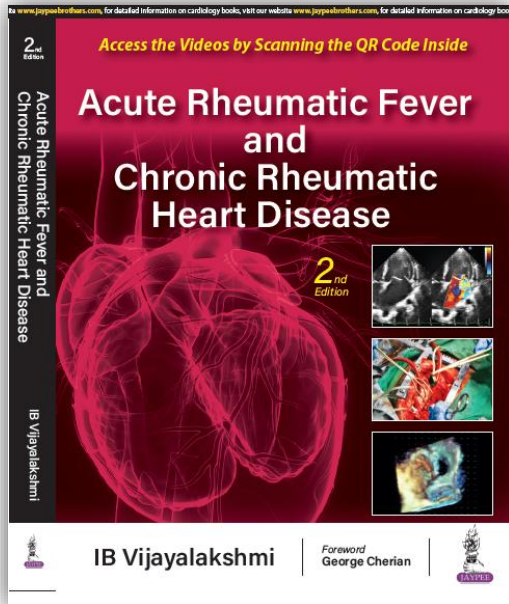
Quick Overview

Skin-related problems in diabetic patients are plenty such as necrobiosis, xerosis, nonhealing ulcers, and many more termed as diabetic dermopathy. Implications of skin changes are lying in diagnosis as well as management of the disease. Unfortunately, they are not summarized in book from worldwide. This book is a proper reference book on this matter and hope to encompass all aspects such as pathogenesis, all types of lesions, and their management in detail.

Key Features

- The book provides a fair idea about dermatological manifestations of diabetes.
- Includes hair, nail changes, aging changes along with skin manifestations.
- Learning objectives of the chapters are given at the beginning with figures.
- Key points at the end to make it easy to comprehend.
- Provides high quality clinical photographs for the diseases mentioned.
- It will help to understand the topic to medical students, general physicians, and specialized physicians who deal with diabetes and budding dermatologists.

Acute Rheumatic Fever And Chronic Rheumatic Heart Disease



ISBN 9789354658785
Edition 2/e
Publish Year 2023
Pages 340
Size 8.5" x 11"

Editors – IB Vijayalakshmi MBBS MD DM (Card) DSc FICC FIAMS FIAEFCSI FICP FCSI FAMS FISH FRCP (London)

Professor Emeritus of Pediatric Cardiology,
Former Professor and HOD, Department of Pediatric Cardiology
Super Specialty Hospital [Pradhan Mantri Swasthya Suraksha Yojana (PMSSY)]
Bangalore Medical College and Research Institute
Former Head, Pediatric Cardiology, Sri Jayadeva Institute of Cardiovascular Sciences and Research
Bengaluru, Karnataka, India
President Elect of Indian Academy of Echocardiography

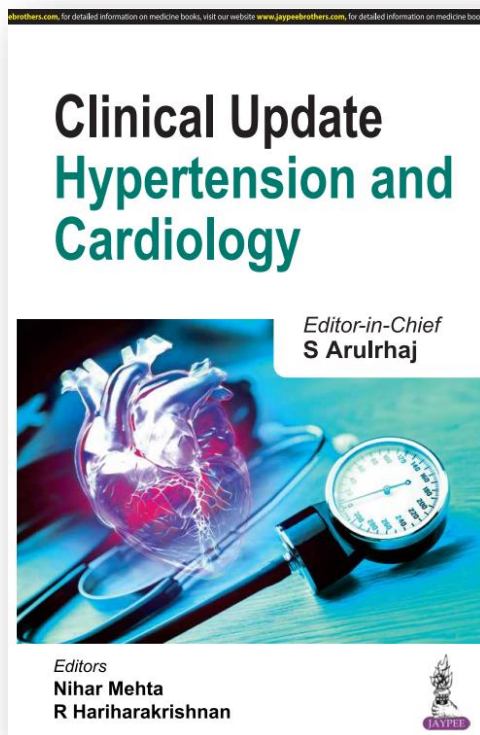
Quick Overview

The purpose of this book is to describe the whole gamut of Acute Rheumatic Fever (ARF) and Chronic Rheumatic Heart Disease (RHD) and give the details of management by which the practitioners and the medical students can approach the diagnostic problem presented by children with this disease; through proper assessment and integration of the history, physical examination, investigations, especially the modern tool, the echocardiography and learn the prevention of the disease and its complications.

Key Features:

- Concept and design of this book is aimed at giving a comprehensive and complete knowledge about ARF and RHD, to the pediatricians, physicians, cardiologists, and the medical students dealing with health problems of ARF and RHD.
- Helps the clinicians to approach the diagnostic problems presented by children with ARF and RHD; through proper assessment and integration of the history, physical examination, investigations, especially the modern tool, the echocardiography and learn about the prevention of the disease and its complications.
- Two chapters on, ECHO in ARF and RHD to show important role in the precise and early diagnosis.
- Provides access to echo videos by scanning QR code inside
- Contributed by many distinguished contributors.
- Valuable reference resource for the years to come.

Clinical Update: Hypertension and Cardiology



ISBN 9789356963054

Edition 1/e

Publish Year 2024

Pages 204

Size 6.25" x 9.5"

cover Type Paper Back

Format Single Color with 3 Color Plates

Editors- in – chief - S Arulrhaj

MD PhD FRCP (Glasgow and London) MBA

Chief Physician and Intensivist- Sundaram Arulrhaj Hospitals Tuticorin, Tamil Nadu, India

Past National President, API

Founder Chairman, Commonwealth Medical

Association Trust, London, UK

Commonwealth Medical eVarsity

Past President, Commonwealth Medical

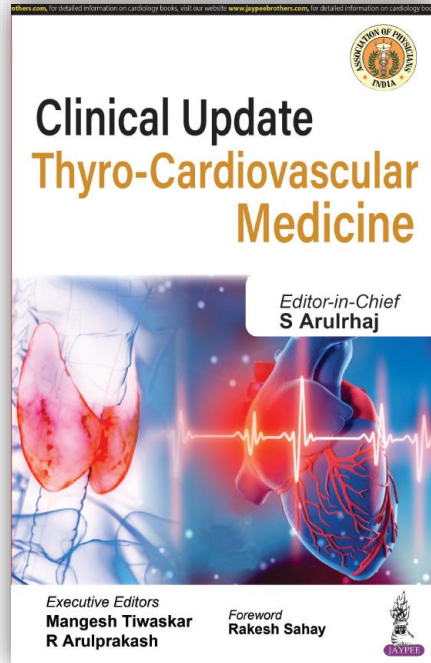
Association, London, UK

Past National President, IMA, India

Key Features:

- Depicted as a clear and concise resource.
- Authored by leading experts of the nation.
- Illustrated with photos, tables, figures, flowcharts, and pictorial representations.
- Specialized chapters to address topics such as hypertensive emergencies, hypertension, and interventions.
- The compendium explores both fundamental and practical aspects linking hypertension and cardiology, including epidemiology, risk, treatment, and secondary causes.
- A comprehensive guide for diagnosis and management of hypertension.
- Inclusion of treatment of hypertension with associated cardiovascular conditions with lifestyle management as an integral part for hypertensives and prehypertensives.
- Promotes the research potential of understanding advances and innovations in the domain of hypertension and cardiology.
- Practical value to doctors around the world who treat patients with hypertension every day.
- Language has been made in such a way that it will be of interest to postgraduates, physicians, general practitioners, practicing cardiologists, and researchers.

Clinical Update: Thyro-Cardiovascular Medicine



ISBN 9789354659034
Year 2023
Size 6.25"x 9.5"
Pages 160 pp approx.
Binding Soft Cover
MRP Not yet decided

Editor – Editor-in-Chief: **S Arulrhaj** MD PhD FRCP (Glasg) FRCP (London) MBA
Editors: **Mangesh Tiwaskar** MD FRCP (Ire) FRCP (Glasg)
A Arulprakash

Overview:

This book gives an overview of thyroid disorders and brings out the important relationship between thyroid disorders and diabetes and thyroid dysfunction and cardiovascular disease (CVD). All topics have been discussed in detail in this monogram on “ThyroCardiovascular Medicine” by experts in the field and hence this book should be read by all physicians to keep themselves updated about the current knowledge of interaction between thyroid disorders, diabetes, hypertension, and CVD.

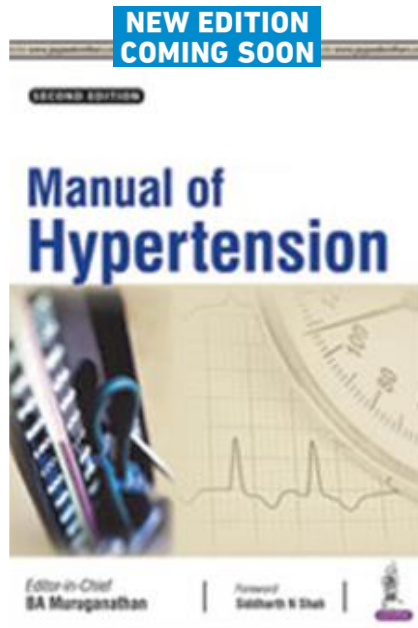
Key Features:

A monogram covering all the components of thyroid and cardiovascular disease (CVD).
Contributed by faculties with expertise on thyroid cardiovascular disease (TCVD).

Clinical Update: Thyro-Cardiovascular Medicine - TOC

1. Impact of Thyroid Disease in Asia Pacific - Vimala Paul
2. Thyroid Hormone and Clinical Syndromes - R Arulprakash
3. Hypothyroidism and CVD - Nihar P Mehta
4. Cardiometabolic Implications of Thyroid Dysfunction - Muthu Kumaran Jeyapal
5. TFT Interpretations - Shehla Shaikh
6. Thyroid Dysmetabolism - Sanjay Kalra
7. Cardiovascular Aspects of Thyroid - Dysfunction: What's the Connectivity? - S Arulrhaj, Faizur Rahman
8. Subclinical Hypothyroidism: Controversies to Consensus - Manash Baruah
9. Subclinical Hypothyroidism: An Update - Salman Razvi
10. Hyperthyroidism and Cardiovascular Manifestation- R Arulprakash
11. Hyperthyroidism Management and Current Guidelines- S Arulrhaj, Mangesh Tiwaskar, Amit A Saraf
12. Thyroid Disorder and its Vascular Implications - Rama Pati Ram, Niragi Mehta
13. Thyroid Dysfunction and Heart Failure - D Selvaraj
14. Cardiac Benefits of Thyroid Hormone Therapy - S Arulrhaj, Manikandan
15. Cardiovigilance in Thyroid Disorder- Prasun Deb
16. Hypothyroidism and Diabetes- Aarathy Kannan, Manikandan

Manual Of Hypertension



ISBN To be announced
Year 2023
Size 6.25"x 9.5"
Pages 350 pp approx.
Binding Soft Cover
MRP Not yet decided

Editor – BA Muruganathan
MD FICP FRCP (Glasgow, London and Ireland) FACP (USA) FPCP (Philippines)

Table of Content:

Section 1: History and Epidemiology

Section 2: Overview of Risk factors in Hypertension: Old and New

Section 3: Etiological and Pathophysiological Aspects (pathogenesis)

Section 4: Molecular Basis of Hypertension

Section 5: Accuracy of Blood Pressure measurement

Section 6: Evaluation of Hypertension

Section 7: Target Organ Damage: Evaluation and Clinical Importance

Section 8: Special Conditions and Situations

Section 9: Secondary Hypertension

Section 10: Therapeutic aspects: Pharmacologic non pharmacologic interventions

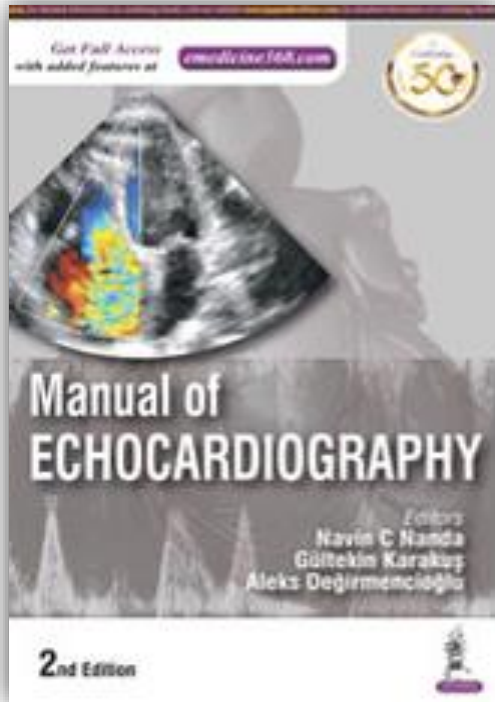
Section 11: Genetics and Hypertension.

Section 12: Interventional Interventions in Hypertension.

Section 13: Guidelines and Meta-Analysis.

Section 14: Miscellaneous

Manual of Echocardiography (2e)



ISBN 9789389587968
Edition 2/e
Publish Year 2022
Pages 434
Size 6.25" x 9.5"

Editor : Navin C Nanda

MD DSc (Hon) DSc (Med) (Honoris Causa) FACC FAHA FISCU (D) FSGC FICA FACA FICP (Hon) FIAE FICMU (Hon) FACIP FCSC (S) FIACS FICC (Hon)

Distinguished Professor of Medicine and Cardiovascular Disease University of Alabama at Birmingham Birmingham, Alabama, USA President International Society of Cardiovascular Ultrasound

Editor-in-Chief- Echocardiography: A Journal of Cardiovascular Ultrasound and Allied Techniques.

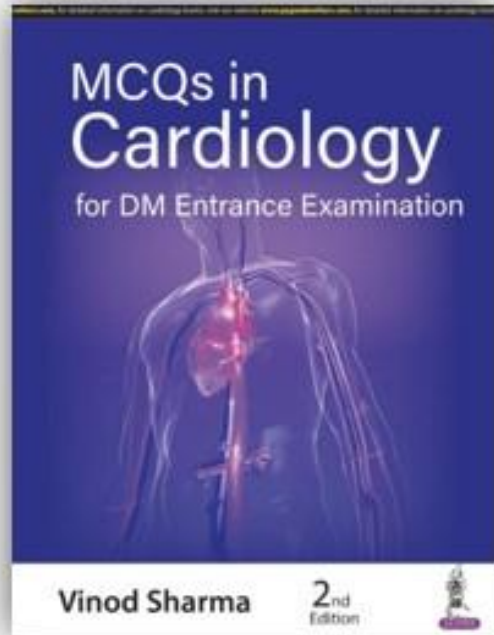
Overview:

The contents of this manual have been mainly abstracted from the Comprehensive Textbook of Echocardiography published by the same publisher and thus the Manual of Echocardiography will represent a useful and practical companion to the large textbook. The Second Edition of the Manual has been updated to include recent advances in echocardiography.

Key Features of this new edition:

- Manual of Echocardiography is a practical manual which will be useful to all those who utilize echocardiography in their day-to-day clinical practice.
- This Manual is expected to serve the needs of both physician and technologist echocardiographers as well as those who are still in training.
- The Manual consists of 13 chapters and an appendix containing useful tables. To facilitate easy reading and understanding, the contents of all chapters are in the form of questions and answers and these are supplemented in some cases by brief case studies. The chapters incorporate the basics of echocardiography, transthoracic, transesophageal and three-dimensional echocardiography, delineates all aspects of mitral, aortic, tricuspid and pulmonary valve disease entities as well as pulmonary hypertension.

MCQs in Cardiology for DM entrance Examination



ISBN 978-93-5696-115-9
Edition 2/e
Publish Year 2023
Pages 400pp
Size 8.5"x11" Inches
Cover Type Paper Back

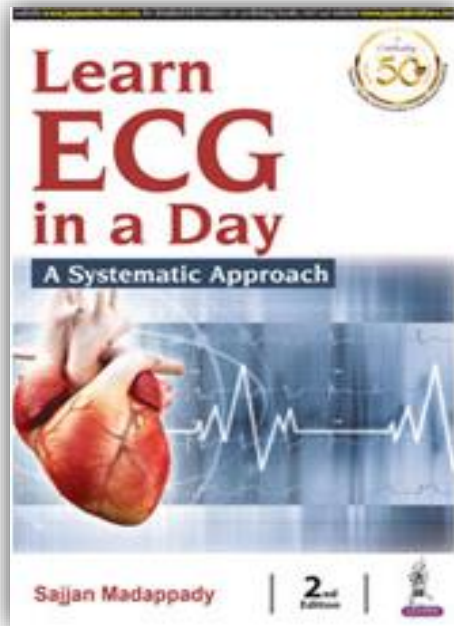
Editor – Vinod Sharma

MD DM (Cardiology) FRCP (London) FACC MBA (Healthcare Admn)
Vice-CEO and Head
Cardiology Services
National Heart Institute
East of Kailash, New Delhi, India

Key Features

- The multiple-choice questions and answers have been picked up from the cited textbooks, which are widely used in the curriculum of cardiology, and therefore it is a broad inclusion of the entire curriculum in a composite monograph.
- The book covers the original textbook of various authors, who have contributed respective chapters in the textbook of Eugene Braunwald and J Willis Hurst. In this way, the entire details of various aspects of cardiology have been scanned and produced in the form of multiple-choice questions and answers.
- Each multiple-choice question is furnished with answer. The multiple-choice questions and answers form of the book will help students in saving time and covering up entire subjects of cardiology with equal focus as important lines.

Learn ECG in a Day: A Systematic Approach



ISBN 9789389587265

Edition 2/e

Publish Year 2022

Pages 110

Size 6.25" x 9.5"

Cover Type Paper Back

MRP 495/-

Editor – Sajjan Madappady MBBS MD MBA PGDDM
EVS Maben MBBS MD
Prem Alva MBBS MD

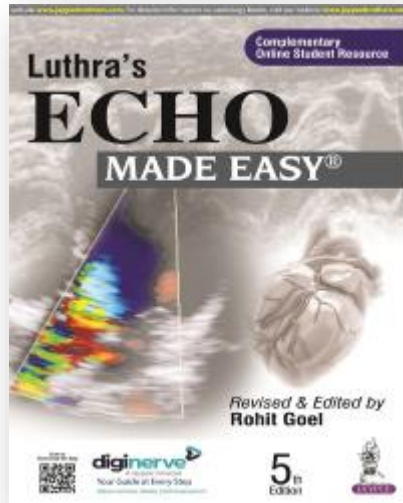
Overview:

The second edition has been revised and updated. The content has been divided into 11 sections, such as History of ECG, Physiology of Conduction System of Heart, Basics of ECG, ECG Leads, Placement of Leads, Normal ECG Morphology, Systematic Interpretation of ECG, Arrhythmias, Systematic Interpretation of Arrhythmias, Pediatric ECG Interpretation and Congenital Anomaly Detection, and Differential Diagnosis.

Key Features

- A systematic approach toward interpretation of ECG, i.e. where to start from and how to go through the ECG strip without missing a finding practically when a medico is faced with an ECG strip.
- Three-dimensional concepts of ECG.
- More than 100 line diagrams for better understanding of the concepts.
- Elimination of unwanted details carefully without compromising the clarity of expression, making interpretation of ECG friendly.
- Specialty introduced pediatric ECG interpretation and congenital anomaly detection.
- Contents are arranged as for the convenience of the reader under the headings as—criteria, concept, cause, and clinical features which make it easy to recall.
- Language is simple and lucid.

Luthra's ECHO Made Easy



ISBN 9789354659829
Edition 5/e
Publish Year 2023
Pages 268
Size 4.75" x 7"
cover Type Paper Back

Editor – Author:

Revised & Edited by Rohit Goel MBBS MD DM

Quick Overview

The simple and concise format of the book was highly appreciated not only by medical students and clinicians but also by nurses and technicians. The initial chapters are devoted to principles of conventional echocardiography and color Doppler imaging as well as their clinical applications. This is followed by description of various ECHO-windows and ECHO-views of normal cardiac structures.

Key Features

- The book presents the complex and intriguing subject of echocardiography in a format which is simple-to-understand, ready-to-assimilate and handy for reference.
- Different abnormalities of heart diseases including congenital, valvular, coronary, hypertensive, myocardial, endocardial and pericardial diseases have been discussed under separate sections.
- Due emphasis has been laid on diagnostic pitfalls, differential diagnoses, causative factors and clinical significances.
- Newer topics such as 3D-ECHO, strain imaging and TAPSE has been included.
- Real-time images, illustrative diagrams and explanatory tables have been incorporated.

Thank you

